# **Aquaculture fish farming and Aquaponics**

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With the challenges of over fishing, we train our members and the general public on modern practices of domestic fish farming.  
FFOU plans to participate in the promotion and production of farmed fish to supplement on the capture fisheries production and this can be done best by planning Increased fish production and sustainable development of aquaculture and Aquaponics among fish farming communities in Uganda.

Our objectives in aquaculture department include;

a) To provide fish farming training of interested groups.  
b) Set up a FFOU centre for technical training, research and demonstration of inline breeding.  
c) Encourage /promote information and financial resources.  
d) Sensitize catch fisher folks to diversify towards aquaculture and Aquaponics by way of introducing cage farming.  
e) Promote aquaculture activities within fishing communities.  
f) Provide technical support for establishment of fish ponds and cages.

**SUSTAINABLE FISH FARMING (AQUACULTURE AND AQUAPONICS)**

FFOU works with its member associations to improve fish production and value

chain. This project has enabled fish farmers to create alternative avenues for their

livelihood and increased house hold income levels. Fish farming has also reduced

lake dependency syndrome and illegal fishing actives.